



## United Kingdom 2027 Itinerary

[Travel Dates: May 16 - 24, 2027](#)

### **Day 1 - Sunday, May 16- Depart to United Kingdom**

- We will travel overnight to London, England. This begins our academic exploration of anatomy, medicine, and public health in the UK.

### **Day 2 - Monday, May 17 – London, England**

- We'll arrive in London, England. We will check in and prepare for an Orientation Walking Tour. On the tour, we will become oriented with their neighborhood, the public transportation systems, nearby pharmacies, markets, ATMs, etc.
- We will then go on a **London Historical & Cultural Walking Tour**. We will visit major landmarks such as Buckingham Palace and Big Ben. *These sites reflect London's historical development and dense urban environment, which influenced public health and spread disease.*
  - **Buckingham Palace** is the home of the monarch of the United Kingdom. It was built in 1703.
  - **Big Ben** is the iconic clock tower that has been named as a symbol of London. It is a striking clock with five bells.

### **Meals Included:**

- Breakfast
- Welcome Dinner

### **Day 3 - Tuesday, May 18 – London, England**

- We will begin the day with by going on the **Public Health & Medical History Tour**: This is a guided tour exploring the development of public health systems in London. It focuses on historical responses to epidemics and the evolution of healthcare infrastructure.
- Then, we will visit the **Hunterian Museum**. The museum is a major collection of anatomical and pathological specimens from the 17th century to present. We will examine preserved specimens to understand disease and surgical advancement.

### **Meals Included:**

- Breakfast

### **Day 4 - Wednesday, May 19 – London, England**

- Today, we will continue to explore London. Today's activities include the following:
  - **Westminster Abbey Visit:** A historic religious and cultural site central to British history. Discussion will include how cultural institutions influence science and medicine.
  - **Borough Market Lunch Break:** One of London's oldest food markets. We will observe modern food systems within an urban setting.
  - **Old Operating Theatre Museum:** One of Europe's oldest surviving surgical theatres. We will learn about early surgery before anesthesia and antisepsis.
  - **Afternoon Tea Experience:** A traditional British cultural practice that highlights social structure and historical lifestyle influences on health.

### **Meals Included:**

- Breakfast
- Afternoon Tea

### **Day 5 - Thursday, May 20 – London, England**

- Today is our last day in London. Our activities include the following:
  - **Gordon Museum of Pathology:** The largest pathology museum in the UK. We will study disease processes and human anatomical variation.
  - **Wellcome Collection:** A museum exploring connections between medicine, culture, and human biology. We will analyze how society interprets the human body.
  - **Cultural Immersion & Cultural Time:** Optional visits such as the Florence Nightingale Museum (*focused on modern nursing and hospital reform*) provide additional context.

### **Meals Included:**

- Breakfast

## **Day 6 - Friday, May 21 – Travel to Edinburgh, Scotland**

- Today, we will travel from London to Edinburgh while observing regional geography and discussing environmental influences on health. We will make a pit stop at the hotel to refresh and regroup.
- Then, we will participate in the **Mary King’s Close Tour**. This is a preserved underground street from the 17th century. It demonstrates historical living conditions, sanitation, and disease spread in urban environments.

### **Meals Included:**

- Breakfast

## **Day 7 - Saturday, May 22 – Edinburgh, Scotland**

- Today, we will continue to explore Edinburgh. Today’s activities include the following:
  - **Medical History Walking Tour (Blood and Guts” Tour):** A guided tour of Edinburgh’s medical history that highlights advance in anatomy, surgery, and ethical issues in body procurement.
  - **Storytelling Session:** An interactive cultural experience that explores regional history and societal perspectives relevant to medicine.

### **Meals Included:**

- Breakfast

## **Day 8 - Sunday, May 23 – Scottish Highlands Day Trip**

- Today is our final day of the program. Our activities include the following:
  - **Highlands Excursion:** We will visit Glencoe, Loch Ness, and Fort William. A region known for its rugged landscape and historical isolation.
  - **Cultural & Environmental Exploration:** Examines how geography and environment influence health and human adaptation.
  - **Farewell Dinner:** This will be our group reflection on academic and cultural experiences.

### **Meals Included:**

- Breakfast
- Farewell Dinner

## **Monday, May 24 – Return Home**

- Today, we will fly back to Tampa, FL, USA.

### **Meals Included:**

- Breakfast



