



Costa Rica 2026 Itinerary

Travel Dates: May 16 – May 24, 2026

May 16th – Day 1 - Tampa → San Jose

- The group will travel to San Jose, Costa Rica. We will meet the guide at the airport and go check-in at the hotel for an on-ground briefing.

Meals Included

- Welcome Dinner

May 17th – Day 2 – San Jose

We will start the day with breakfast at the hotel. We will then visit the following sites:

- **Doka Coffee Plantation** – We will be engaged in an exciting adventure at the Doka Coffee Plantation! We will explore the fascinating coffee production process from bean to brew and enjoy the rich aromas and vibrant landscapes behind your sips of coffee.
- **Poas Volcano** – We will visit one of six active volcanoes in Costa Rica
- **La Paz Waterfall Gardens and Zoo** – We will take a scenic 60-minute hike through La Paz Waterfall Gardens to enjoy the beautiful waterfalls. We will also visit the on-site zoo to see Costa Rica's diverse wildlife and have lunch there together.

Meals Included

- Breakfast
- Lunch

May 18th – Day 3 – San Jose

We will start the day with breakfast at the hotel. We will then visit the following sites:

- **Escuela Centeno Guell or Escuela de Educación Especial La Pitahaya** – Students will visit Escuela Centeno Guell or Escuela de Educación Especial La Pitahaya, where we will meet and work with deaf students. We will learn several new LESCO signs.
- **San Jose City Tour** – We will visit Central Avenue and Central Market, where we will shop for souvenirs, etc.
- **Dance Class** – We will learn how to dance SALSA!

Meals Included

- Breakfast
- Lunch

May 19th - Day 4 – San Jose

We will start the day with breakfast at the hotel. We will then visit the following sites:

- **Hands-On LESCO** – We will take a Lengua de Senas Costarricense (LESCO) or Costa Rican Sign Language class with local instructors.
- **Ministry of Public Education** – We will learn about the Education system in Costa Rica.
- **Costa Rican Cooking Class** – We will cook in the Costa Rican style!

Meals Included

- Breakfast
- Lunch
- Afternoon snack from the cooking class

May 20th — Day 5 – Monteverde

After breakfast and check out at the hotel, we will visit the following sites:

- **Asociacion Nacional de Sordos de Costa Rica (ANASCOR)** – We will interact with local Deaf people and put our LESCO skill to use.
- After ANASCOR and lunch, we will be on a bus traveling to Monteverde.

Meals Included

- Breakfast
- Lunch

May 21st – Day 6 – Monteverde

We will have breakfast at the hotel, and then we will visit the following sites:

- **Ziplining** – We will be on a ziplining adventure!
- **Monteverde Cloud Forest Reserve** - We will experience a breathtaking, misty rainforest with a variety of activities, such as exploring trails, walking across hanging bridges, and discovering amazing creatures.

Meals Included

- Breakfast
- Lunch

May 22nd – Day 7 – La Fortuna and Arenal Volcano

We will start the day with breakfast at the hotel, and then we will travel to La Fortuna to visit the Baldi Hot Springs. It is the most expensive hot spring facility in the Arenal Volcano area. The water is heated by volcanoes. The pools are large and small, hot and cold, with walking paths between them.

Meals Included

- Breakfast

May 23rd – Day 8 – La Fortuna and San Jose

We will start the last day of the trip with breakfast at the hotel, and then we will visit the waterfall at La Fortuna. After visiting the waterfall, we will return to San Jose.

- **La Fortuna Waterfall** – We will hike down a scenic trail to feel cool mist and hear the roar of the water up close.

Meals Included

- Breakfast
- Lunch

May 24th – Day 9 – San Jose

We will begin our travel day with breakfast at the hotel. Then, we will get on our flight back to the U.S.A.

Meals Included

- Breakfast