



Jamaica Dental Hygiene 2020 Itinerary

Travel Dates: Friday, October 16, 2020 – Sunday, October 25, 2030

DAY 1:

- Depart Tampa early morning and arrive Montego Bay around lunch.
- A Resort briefing, lunch and some free time around resort.
- Dinner
- Mandatory meeting with Great Shapes

DAY 2:

- Breakfast and meeting/training (whole morning)
- Lunch
- Collect Supplies
- Go set up clinic

DAY 3-6:

- 7:00 AM Breakfast
- Meeting with Breakfast
- Right from breakfast board buses off to clinic sites
- Late Dinner
- Bed
- Evening event put on by resort/great shapes

DAY 7:

- 7:00 AM Breakfast
- Meeting with Breakfast
- Right from breakfast board buses off to clinic sites
- Break down clinic- pack everything up
- Dinner
- Bed
- Evening event put on by resort/great shapes

DAY 8:

- Breakfast
- Day of experiencing Jamaica Culture
- Evening of debriefing Meetings with Great Shapes

DAY 9:

- Breakfast
- Day of Jamaica Culture
- Pack up supplies
- Good Bye Event with Great Shapes

DAY 10:

- Depart for Airport –Early morning
- Leave Montego Bay arrive back in Tampa early afternoon